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My biggest challenge with HIV in Tzaneen is
NON DISCLOSURE

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JOYCE NHLANGWINI

Knowingly living with HIV since 2006 and on treatment since 2006

I was ill with shingles when I was diagnosed with HIV. I was employed as a casual worker at the time. I suspect I have been HIV positive for much longer because I had signs that were frequently spoken about on the radio. I was initially diagnosed negative, but months later positive. I went to the clinic to access treatment. I have been on treatment ever since – I am however experiencing some lipodostrophy as a side effect. My in-laws were not very happy with my disclosure. Non-disclosure is an issue for me - you don't have to disclose to the world, but be brave enough to seek help for yourself, it could save your life!



HAVE YOUR SAY!
